



Dr. Diederik W. Millenaar, Inc.
Certified Specialist in Pediatric Dentistry
200-1060 Austin Ave. Coquitlam BC V3K 3P3
P: 604.343.3810 F: 604.674.1966
E: contact@kidsteeth.ca

Post-Sedation Instructions for Nozinan or Midazolam

Nozinan and midazolam are medications which have a sleepy effect and it may take up to 12 hours for the full effect of the medication to wear off. Please watch your child closely for the rest of the day. If your child falls asleep, put the child on their side between two pillows for support in case of vomiting. It is important that you follow these additional instructions, also.

Food and drink

Please feed your child a soft diet (i.e. yogurt, smoothies, jello) until the "freezing" wears off in about 1-3 hours. After this, resume a normal diet. If your child falls asleep, please awaken every half hour and give some juice.

Activities

Please keep your child quietly at home and supervised by an adult for the rest of the day. Don't take your child to any scheduled activities, like swim lessons or hockey that day.

Transportation

Please do NOT rely on public transportation to get home. You will be expected to take your child straight home after the appointment.

Medications

Resume normal medications as directed by Dr. Millenaar.

In some instances, your child may feel dizzy and look pale. If this happens, lay your child down with feet elevated, and give your child some juice.

It is common for your child to develop a 'stuffy nose' as a side effect of nozinan. This will go away as the medication wears off.

If your child experiences any acute pain or any other post-operative problem, please don't hesitate to call the office, or Dr. Millenaar at 604-551-7462 (mobile).