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Pre-Sedation Instructions for Nitrous Oxide

Nitrous oxide ("Laughing gas" or "sweet air") is a medication that is typically used for a treatment appointment when an anxiolytic (calming) and analgesic (pain reducing) effect is desired. It is very useful for older children who, despite being anxious, have the ability to cooperate and will accept wearing a mask over the nose. The effect can be quickly eliminated once the flow is turned off. For the safety of your child, the following instructions must be carefully followed.

Food and drink

Please make sure that your child does NOT eat or drink anything for 2 hours before the appointment.

Clothing and preparation

Your child should wear loose, casual clothing like joggers and a t-shirt.

Please remove nail polish for the pulse oximeter.

Please take your child to the bathroom just before the appointment.

Medications

Please tell Dr. Millenaar if your child regularly takes any medications.

Change in health

If your child's general health gets worse (e.g. cough, fever, stuffy or runny nose) at least two days before the appointment, please call the office.

If you have any questions, please don't hesitate to ask them. We are happy to help you to understand and feel comfortable about the use of this medication for the purpose of providing care for your child