



**Dr. Diederik W. Millenaar, Inc.**  
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## Pre-Sedation Instructions for Nozinan

Nozinan is a sedative medication that is typically used for longer treatment appointments when a sedative (sleepy) and analgesic (pain-reducing) effect is desired. For the safety of your child, the following instructions must be carefully followed.

### Food and drink

Please have your child arrive at the office with a moderately full stomach.  
Please have your child avoid chocolate or caffeine (pop or tea).

### Clothing and preparation

Your child should wear loose, casual clothing like joggers and a t-shirt.  
Please remove nail polish for the pulse oximeter.

### Transportation

Please do NOT rely on public transportation on the day of treatment.  
A parent/guardian must pick up the child after the appointment and accompany them directly home.

### Medications

Please tell Dr. Millenaar if your child regularly takes any medications.

### Change in health

If your child's general health gets worse (e.g. cough, fever, runny nose) at least two days before the appointment, please call the office.

If you have any questions, please don't hesitate to ask them. We are here to help you to understand and feel comfortable about the use of this medication for the purpose of providing care for your child.