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Pre-Sedation Instructions for Midazolam

Midazolam is a medication that is typically used for shorter treatment appointments when a sedative (sleepy) and amnestic (forgetting) effect is desired. For the safety of your child, the following instructions must be carefully followed.

Food and Drink

Please make sure that your child does NOT eat anything for 4 hours before the appointment. Water or apple juice can be given up to 2 hours before the appointment.

Clothing and Preparation

Your child should wear loose, casual clothing like joggers and a t-shirt.
Please remove nail polish for the pulse oximeter.

Transportation

Please do NOT rely on public transportation on the day of treatment.
A parent/guardian must pick up the child after the appointment and accompany them directly home.

Medications

Please tell Dr. Millenaar if your child regularly takes any medications.

Change in Health

If your child's general health gets worse (e.g. cough, fever, runny nose) at least two days before the appointment, please call the office.

If you have any questions, please don't hesitate to ask them. We are happy to help you to understand and feel comfortable about the use of this medication for the purpose of providing care for your child.